



Community Health Needs Assessment Report

Kearney Regional Medical Center
December, 2022

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Introduction

Community Health Needs Assessment

Kearney Regional Medical Center (KRMC) has prepared and submitted this Community Health Needs Assessment, fulfilling the requirements established by the Patient Protection and Affordable Care Act requiring that non-profit hospitals conduct community health needs assessments at least every three years. Several aspects of this health assessment represent a collaborative effort between Kearney Regional Medical Center, Two Rivers Health Department and CHI Good Samaritan, gathering input representing the broad interests of the community. A list of community health resources is provided.

KRMC is a full-service, 93-bed acute care hospital and affiliate of Bryan Health, a non-profit, Nebraska-owned health system. Since opening in 2014, KRMC has grown to include a medical clinic, 24-hour emergency room and Level III Trauma Center, Maternity Care Center and Level II Neonatal Intensive Care Unit (NICU).

For the purposes of this report, the community served includes the city of Kearney and Buffalo County, Nebraska. Buffalo County is one of seven (7) counties served by Two Rivers Public Health Department.



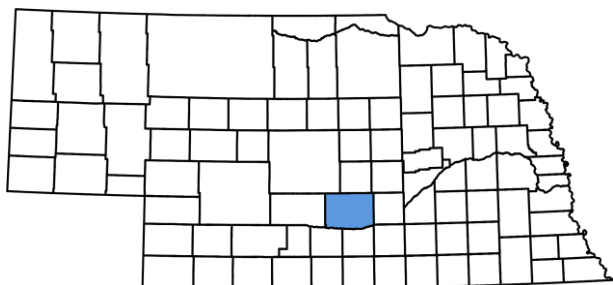
Community Served by Hospital

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Community Overview

Who We Serve

For the purposes of this report, the community served by Kearney Regional Medical Center is Buffalo County, Nebraska, within which is located the city of Kearney (county seat).



Buffalo County has experienced steady and consistent growth from 1960 to 2020 (26,236 and 50,084, respectively).

From 2010 to 2020, Buffalo County's population grew from 46,102 to 50,084, an increase of 8.6 percent.

The population estimates show Buffalo County continued to increase to 50,339 in 2021.

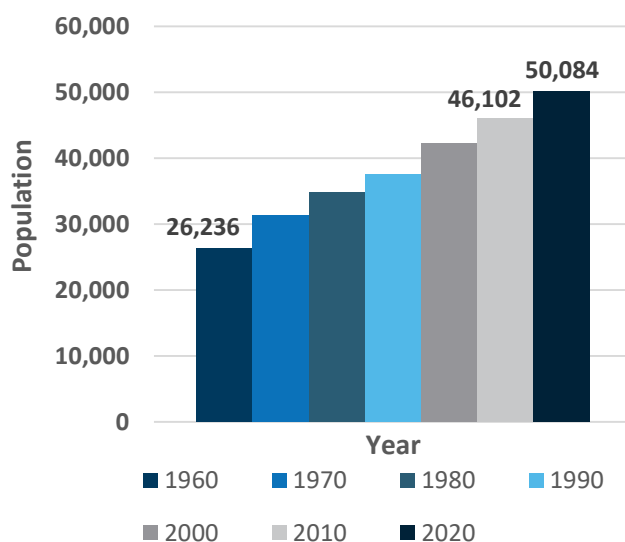
Population & Population Growth

Buffalo County (2020 population 50,084) includes the city of Kearney (2020 population 33,790).

Of Nebraska's 93 counties, Buffalo County is the 5th most populous one in the state. The counties with higher populations are Douglas, Lancaster, Sarpy and Hall.

The 3 largest cities in Buffalo County are Kearney (2020 population 33,790), Gibbon (1,833) and Ravenna (1,441).

**Population Change, Buffalo County
1960 to 2020**



Demographic Indicators

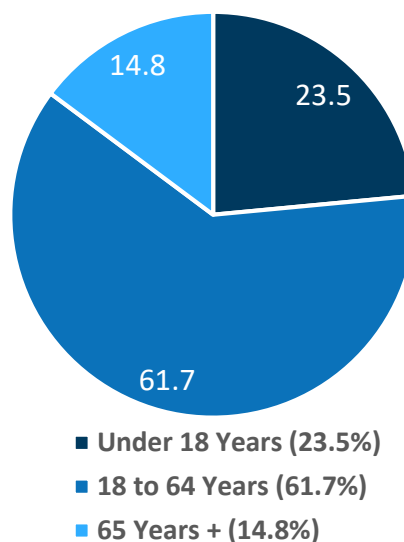
Age

According to Two Rivers Health Department's county health data report, Buffalo County is the "4th youngest county in Nebraska with a median age of 33.8 years.

Buffalo County is also home to the third highest number of assisted living/ long term care facilities in Nebraska, after Douglas and Lancaster counties."

According to the U.S. Census Bureau's 2017-2021 ACS 5-Year Narrative Profile for Buffalo County, an estimated 23.5 percent of the population in Buffalo County was under 18 years, 61.7 percent were 18 to 64 years, and 14.8 percent were 65 years and older.

Percent of Buffalo County, Nebraska's Population by Age (2017-2021 5-year ACS estimate)



Population Changes by Age Group

According to Two Rivers Health Department's Community Health Needs Assessment, "between 2000 and 2010, the population increase was 2.3 percent in TRPHD, with some age groups experiencing a population decrease (5-14, 15-24, and 25-44).

Between 2010 and 2018, TRPHD experienced a population increase of 2.6 percent, with significant growth in the '65 years of age and over' population. The net growth among elderly people (65 years of age and older) is estimated at 2,603 individuals between 2010 and 2018." This trend is expected to continue over the coming years as aging individuals in the community increase and younger 'working age' individuals decrease.

Race/Ethnicity

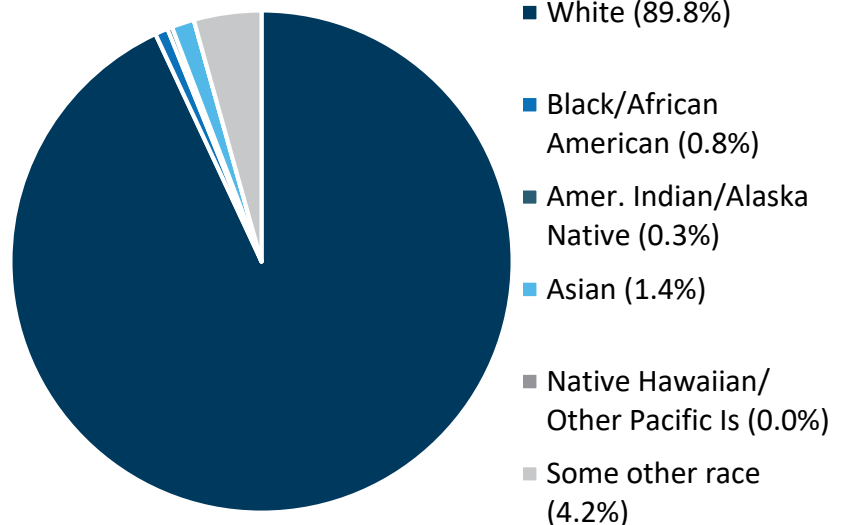
According to the U.S. Census Bureau’s 2017-2021 ACS 5-Year Narrative Profile for Buffalo County, “people reporting one race alone, 89.8 percent were White; 0.8 percent were Black or African American; 0.3 percent were American Indian and Alaska Native; 1.4 percent were Asian; 0.0 percent were Native Hawaiian and Other Pacific Islander, and 4.2 percent were Some other race.

An estimated 3.4 percent reported Two or more races.

An estimated 9.5 percent of the people in Buffalo County, Nebraska were Hispanic or Latino. An estimated 85.7 percent of the people in Buffalo County, Nebraska were White alone, non-Hispanic. People of Hispanic origin may be of any race.”

The total Hispanic population in the TRPHD area increased 1.6 times since 2000, growing from 8,608 individuals to 13,844 by 2018.

Estimated Percent of People in Buffalo County, Nebraska Reporting ‘One Race Alone’. (2017-2021)



Estimated Percent of Hispanic/Latinos in Buffalo County (compared to other areas between 2015-2017)

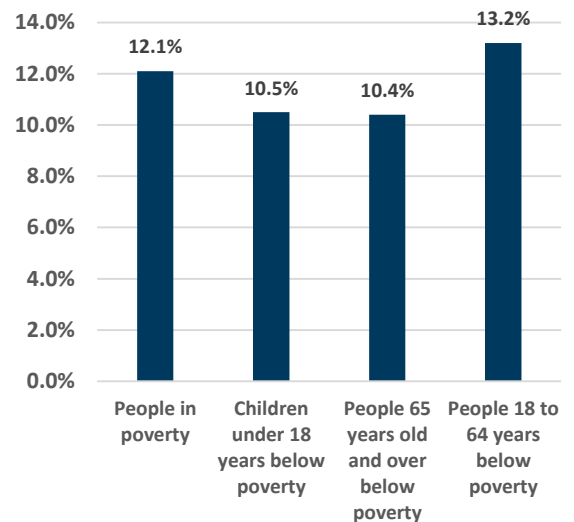
Location	Percent
City of Kearney	9.7%
Buffalo County	9.5%
Nebraska	11.5%
United States	18.4%

Poverty Rates & SNAP

According to the U.S. Census Bureau’s ACS 5-Year Narrative Profile, in Buffalo County in 2017-2021, “12.1 percent of people were in poverty. An estimated 10.5 percent of children under 18 were below the poverty level, compared with 10.4 percent of people 65 years old and over. An estimated 13.2 percent of people 18 to 64 years were below the poverty level.

In 2017-2021, 7.5 percent of households received SNAP (the Supplemental Nutrition Assistance Program). An estimated 56.1 percent of households that received SNAP had children under 18, and 25.1 percent of households that received SNAP had one or more people 60 years and over. An estimated 33.8 percent of all households receiving SNAP were families with a female householder and no spouse present. An estimated 27.2 percent of households receiving SNAP had two or more workers in the past 12 months.”

Poverty Rates in Buffalo County, Nebraska in 2017-2021



Economic Indicators

Economic Characteristics

Kearney/Buffalo County has a stable and diverse economy featuring a variety of industries including manufacturing, education hospitality and healthcare.

Kearney has one of the lowest unemployment rates in the nation. According to the Nebraska Department of Labor, Kearney's unemployment rate in 2021 was 1.1 percent

Results of the Central Nebraska Labor Availability Survey, which included all or parts of Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney, and Phelps counties, among others, revealed that there were an estimated 7,962 potential job seekers, over the age of 18, in the city of Kearney during the fall of 2016. The majority of these potential job seekers were currently employed (86%). Others were out of work or seeking to reenter the workforce after time spent in retirement or homemaking.

2022 Unemployment Rate, Buffalo County

Month	UNEMPLOYMENT RATE %		LABOR FORCE		EMPLOYMENT	
	2022	2021	2022	2021	2022	2021
January	2.0%	2.6%	28,289	26,872	27,729	26,185
February	1.8%	2.4%	28,349	26,938	27,851	26,288
March	1.8%	2.1%	28,539	26,950	28,021	26,381
April	1.6%	1.8%	28,070	26,527	27,617	26,045
May	1.7%	2.0%	28,172	26,737	27,693	26,203
June	2.3%	2.2%	28,147	27,041	27,493	26,435
July	2.1%	1.7%	27,931	26,977	27,347	26,519
August	1.9%	1.6%	27,826	26,631	27,291	26,211
September	1.8%	1.1%	28,040	26,909	27,536	26,609
October		1.1%		27,417		27,108
November		0.9%		27,461		27,205
December		1.2%		28,161		28,161
Average	1.9%	1.7%	28,151	27,052	27,620	26,613
Annual Total		2.6%		27,777		27,048

Source: Nebraska Department of Labor

* Preliminary Numbers

Top Employers Buffalo County

Non-Manufacturing

EMPLOYER	EMPLOYEE COUNT
CHI Health Good Samaritan	1000+
University of Nebraska -Kearney	1000+
Kearney Public Schools	750-1000
The Buckle	750-1000
Kearney Regional Medical Center	500-750
Hy-Vee	500-750
Cash-Wa	500-750
Walmart	250-500
Cabela's	250-500
City of Kearney	250-500
Magnum	250-500
Buffalo County	100-250
Chartwells Food Services	100-250
Community Action Partnership	100-250
Educational Services Unit 10	100-250
Kearney Clinic	100-250

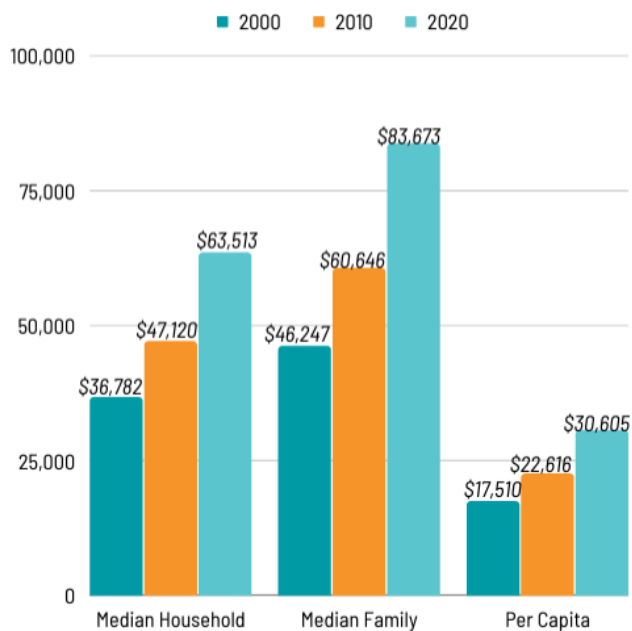
Manufacturing

EMPLOYER	PRODUT/SERVICE	EMPLOYEE COUNT
Parker Hannifin (Baldwin Filters)	Oil, Air & Fuel Filters	1000+
Eaton Corporation	Auto Valves & Forged Gears	500-700
West Pharmaceutical Services	Pharm. Stoppers & Closures	250-500
Chief Industries, Inc.	Agri/Indust. & Construction	100-250
BluePrint Engines	Engines Automotives/Marine/Ag	100-250
Morris Printing Group, Inc.	Publishing & Cookbooks	100-250
Bayer	Seed Corn Production	50-75
Midlands Molding	Custom Injection Molding	25-50
Inter-Motion Manf. Inc.	Machine Rebuild, Retrofit & Custom	25-50
Task Lighting	Lighting Fixtures	25-50
AC Irrigation	Irrigation Equipment	25-50
Kearney Crete & Block	Redi Mixed Concrete	25-50
L&S Industries	Metal Products	25-50
Ready-Mixed Concrete, Inc.	Concrete Products	<25
Sandhills Plastics	Recycle Plastics	<25
Delux Manufacturing	Grain Dryers	<25

Income

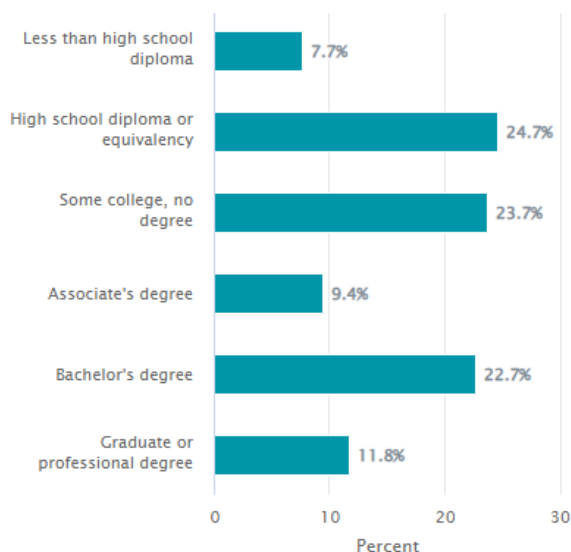
The median household income in Buffalo County in 2020 was \$63,513, slightly below the State of Nebraska's average of \$66,644.

MEDIAN INCOME | BUFFALO COUNTY



Source: US Census

Educational Attainment of People in Buffalo County, Nebraska in 2017-2021



Source: DP02 | Selected Social Characteristics in the United States

Education

In 2017-2021:

The percent of persons 25 years and older in TRPHD who had obtained a high school degree or equivalency was slightly higher at 92.3% than that of Nebraska at 91.7%.

Also, a 34.5% of persons 25 years and older had obtained a Bachelor's degree or higher in Buffalo county, compared to 32.9% in Nebraska .

Having several options to attend college in Buffalo County makes it easier for area residents to attain college degrees. The three colleges/universities in the city of Kearney are:

- University of Nebraska-Kearney
- University of Nebraska-Medical Center's Kearney campus
- Central Community College - Kearney

Vital Statistics

Births

Buffalo County shows the highest number of births among the nine counties in the TRPHD area, according to the 2015 data.

County	# Births	Birth Rate
Buffalo	727	14.7
Dawson	386	16.3
Franklin	32	10.6
Gosper	23	11.7
Harlan	46	13.2
Kearney	89	13.6
Phelps	110	11.9
TRPHD	1,413	14.5
Nebraska	26,594	13.9

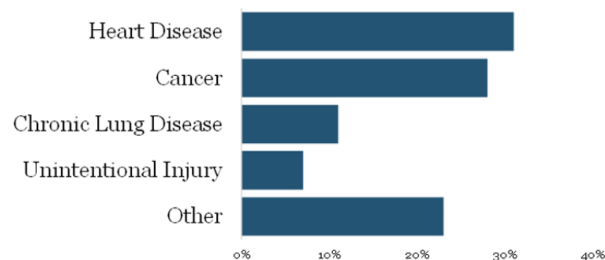
Deaths

Buffalo County has the lowest death rate among the nine counties in the TRPHD area according to the 2016 data.

County	# Deaths	Death Rate
Buffalo	345	7.0
Dawson	185	7.8
Franklin	40	13.3
Gosper	25	12.7
Harlan	47	13.5
Kearney	79	12.1
Phelps	118	12.7
TRPHD	839	8.6
Nebraska	16,207	8.5

Causes of Death

Top Five Causes of Death in Buffalo County



The top five causes of death in Buffalo County are: heart disease, cancer, chronic lung disease, and unintentional injury. ²

Behavioral Risk Factors

Health Care Access

According to TRPHD's 2020 Behavioral Risk Factor Surveillance System (BRFSS) survey, respondents indicated they:

18.7% did not have a primary care provider.

10.4% needed to see a doctor in the past year but couldn't due to cost.

Overweight and Obesity

According to TRPHD 2020 Behavioral Risk Factor Surveillance System (BRFSS) survey, respondents indicated they:

65.8% are overweight.

High Risk Behavior

According TRPHD's 2020 Behavioral Risk Factor Surveillance System (BRFSS) survey, respondents indicated these high-risk behaviors:

- 34.3%** Do not always wear a seatbelt when driving or riding in a car
- 25.6%** Get less than 7 hours of sleep per day
- 22.5%** Have not had any leisure-time physical activity in the past 30 days
- 20.3%** Have binge drank in the past 30 days
- 13.3%** Currently smoke cigarettes

Chronic Disease & Clinical Disease

According to TRPHD's 2020 Behavioral Risk Factor Surveillance System (BRFSS) survey, respondents indicated they have ever been told they:

12.4% have diabetes.

11.6% have cancer.

6.8% had a heart attack/heart disease.

1.1% have had a stroke.

Mental Health

According to TRPHD 's 2020 Behavioral Risk Factor Surveillance System (BRFSS) survey, respondents indicated they have ever been told they:

14.9% have depression.



Gathering Input from the Community

2020 Community Health Improvement Plan

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2020 Community Health Improvement Plan (CHIP)

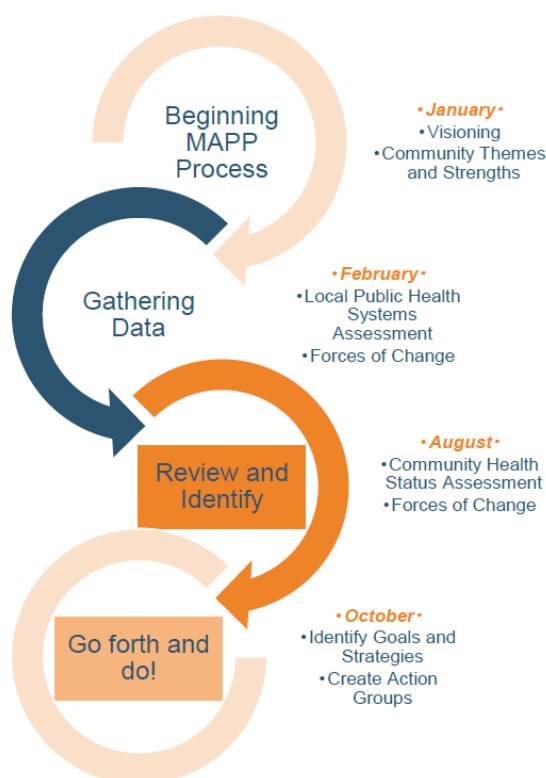
Overview

Beginning in 2019, Two Rivers Public Health Department (TRPHD) embarked on a process to complete a robust community health assessment by asking community partners to participate in a Mobilizing for Action through Planning and Partnerships (MAPP) process in tandem with a community health needs assessment.

The MAPP process utilized a six-phase framework to gain a holistic view of the entire community's health.

1. Organize for Success & Partnership Development
2. Visioning
3. The Four Assessments
4. Identify Strategic Issues
5. Formulate Goals & Strategies
6. Action Cycle

Kearney Regional Medical Center was a participant in this six-step process.



Strengths, Weaknesses, Opportunities, Threats (SWOT)

To fully understand the challenges and opportunities in the health district, TRPHD conducted a discussion referred to as SWOT analysis because it includes dialogue that is related to strengths, weaknesses, opportunities, and threats.

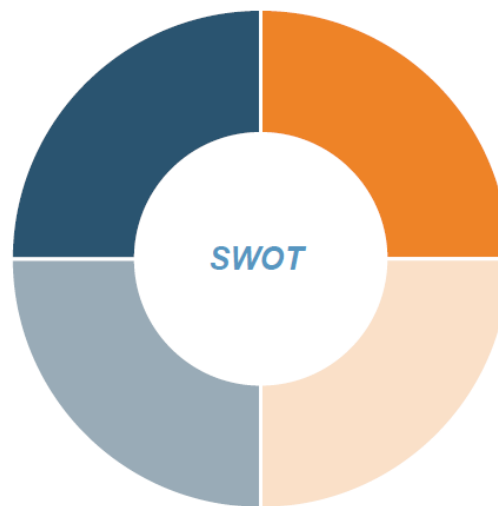
This SWOT discussion is summarized in the graphic below.

STRENGTHS

Rural
Diversity of District
Population
Independent spirit
Able to create grassroots efforts
Several large employers draw in employees from large distances, especially in Buffalo, Phelps, and Dawson Counties

OPPORTUNITIES

Rural Setting
Low population density, funding and resources often delegated to denser populations
Competition between localities, beginning to shift toward less competition
Awareness or access or knowledge of resources
Lack of buy-in to resources or provision of certain resources



WEAKNESSES

Low population density
Rural nature of district can create a disconnect
Small-town clinics not in-network with common insurance companies
Lack of understanding of navigating insurance
Understanding of cultures and languages
Connectedness of community (especially influenced by built environment, social media, and lack of trust)

THREATS

Low Level Health Literacy
Lack of cell and internet service, especially in rural areas
Lack of funding and funding sources
Stigma-not willing to share personal experiences
Lack of insurance companies keeping smaller locations in network
Acts of God that pull focus to more pressing issues.

Goals & Objectives

The group collectively identified three goals and associated objectives for TRPHD to work on:

Access to Care

Addressing Minority Populations Objective:

- TRPHD will collaborate with local partners to create communication materials for our minority populations surrounding health behaviors and gather information to best understand the needs of the minority community within the next 60 days.

Improved Education Objective:

- TRPHD will create a communication committee within the next 30 days to discuss the best system for consistent messaging (Joint Information Center-like). Ideally the collaborative group will run a targeted media campaign by January and evaluate the efficacy of the first campaign for improvement.

Increasing Vaccination Rates Objective:

- TRPHD and partners will increase initial education efforts and build rapport with our community to encourage our community to appropriately use and follow approved vaccine schedules according to individual needs within the next 30 days.

Safe Environment

Safe Environment Objective

- Assess current work occurring in this area within the next 30 days to form a working group at a district level to share best practices

Mental Health and Suicide Prevention

Mental Health and Suicide Prevention Objective

- TRPHD and collaborative group with partner with local behavioral health Region 2 and Region 3, especially the Nebraska Strong program, to share information immediately and improve access to mental and behavioral health resources locally. TRPHD will help both regions address the stigma associated with cost of care and perception of those accessing care.

3

Prioritized Health Needs

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Overview

Prioritized Significant Health Needs

While data analysis shows many potential priorities, the following three priorities align with current Kearney Regional Medical Center service lines and initiatives.

These significant health needs were selected based on input from Kearney Regional Medical Center's Physician Leadership Committee.

Cardiovascular Disease

Access to Specialty Care

Nursing Shortage

Cardiovascular Disease

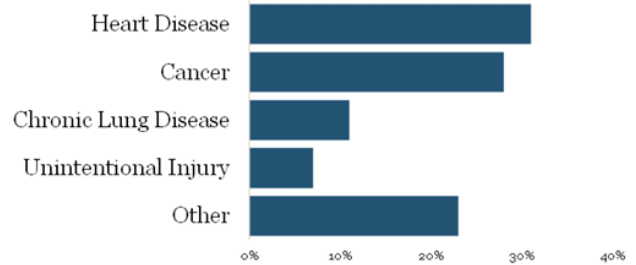
According to Two Rivers Public Health Department, Heart Disease is the leading cause of death in Buffalo County.

Annually, 79/100,000 people in Buffalo County die from cardiovascular disease.

Of the top ten chronic conditions treated at Kearney Regional Medical Center/Platte Valley Medical Clinic from January 1, 2017 to June 30, 2022, four were related to cardiovascular conditions:

- Hypertension: 81,898 visits
- Ischemic heart disease: 40,035
- Heart failure: 28,537
- Atrial fibrillation: 15,343 visits

Top 5 Causes of Death in Buffalo County

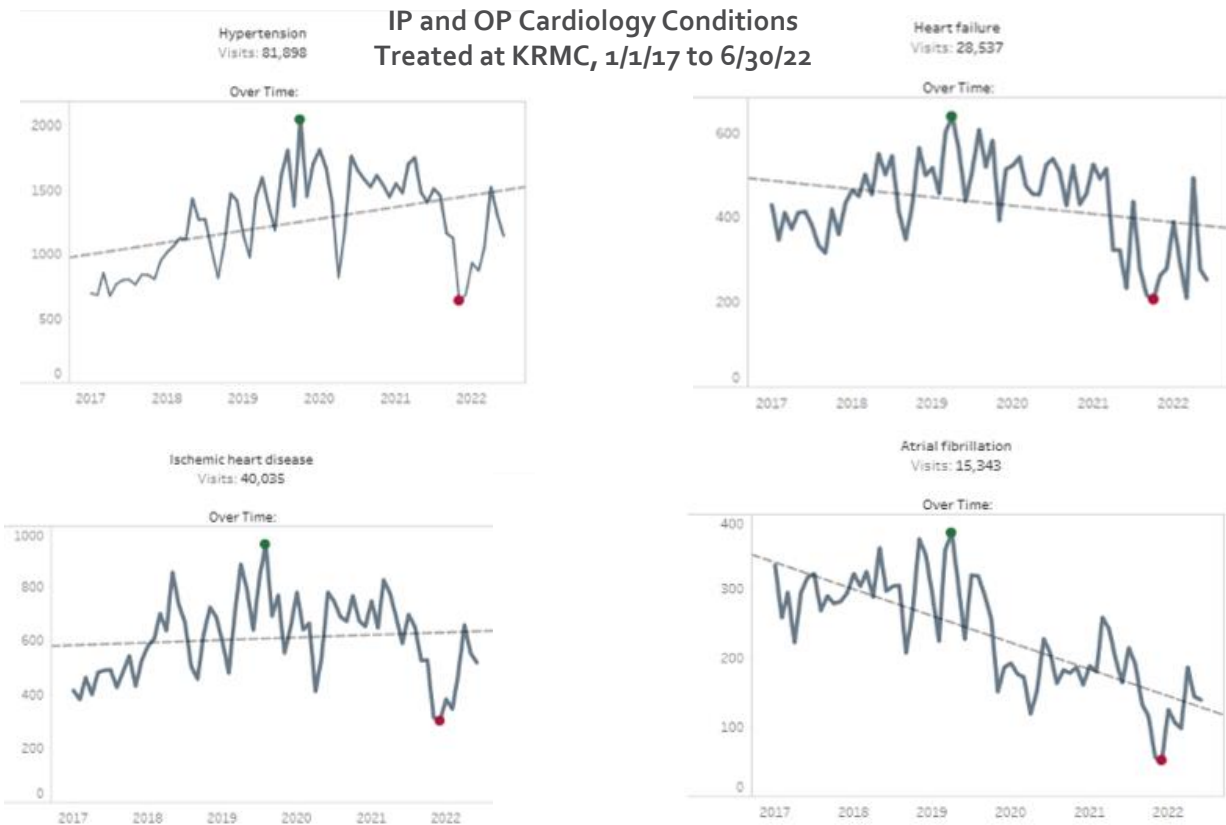


Below are trendlines of the top cardiovascular diseases treated at Kearney Regional Medical Center/Platte Valley Medical Clinic.

Trend lines for hypertension, ischemic heart disease and heart failure have each remained steady or increased over the past five years due to increased market demand.

The addition of an electrophysiology program at KRMC in 2020 has impacted the trend line for atrial fibrillation visits during this five-year period.

IP and OP Cardiology Conditions Treated at KRMC, 1/1/17 to 6/30/22



Access to Care

According to the TRPHD 2020 Community Health Needs Assessment, Two Rivers Health Department identified at least five counties with a reported shortage of care professionals in the following areas:

- Family Practice
- Psychiatry and Mental Health
- General Internal Medicine
- General Surgery
- Primary Care

Hospitals are a core service provider in any community. They are the source of patients for services such as pharmacy and outpatient therapies (PT, OT, Speech). When access to care is impacted by a lack of providers it has a ripple effect in to the community going so far as the local grocery store. The Nebraska Rural Health Association wrote that “When a hospital closes, you see that the community struggles. Pharmacies close, grocery stores close, companies choose not to locate to a place where their employees won’t have access to a hospital. More is at stake, it seems, than convenient access to the services hospitals provide. The economic impact of the hospital.” Increasing access to care through recruitment of providers is meaningful to more than just patients but to every corner of the community, all the way down to healthy food access at the local grocery store.

In 2021 an economic impact study was completed for KRMC to demonstrate the importance of having access to care in Kearny and the surrounding areas. The study further supports the findings of the Nebraska Rural Health Association, showing that access to care – and increasing access to cares supports the entire community and their health both directly and indirectly.

AHA Rural Health Data

RURAL HEALTH ACCESS

- **28%** of rural Americans live in a county without a rural health clinic.*
- **6 out of 10** primary care health professional shortage areas are located in rural areas.*
- **47%** of rural hospitals have 25 or fewer staffed beds.†
- As of September 2021, **138 hospitals have closed** since 2010.‡

* “Medicaid and Rural Health Issue Brief,” Medicaid and CHIP Payment and Access Commission, April 2021.
 † “Fast Facts: U.S. Rural Hospitals,” AHA Annual Survey Database, FY2015-FY2021, May 2021.
 ‡ “181 Rural Hospital Closures since January 2005,” The Cecil G. Sheps Center for Health Services Research, <https://www.shepscenter.unc.edu>. Accessed Sept. 23, 2021.

Table Three
 Economic Impacts Associated with
 Kearney Regional Medical Center (KRMC)
 for the Kearney, Nebraska Study Area
 2020 Estimated and 2025 Projected

Effect	Year	
	2020	2025
Employment Effects		
Direct Employment (FTE)	634	761
Indirect Employment (0.8312 of Direct)	527	633
Induced Employment (0.6372 of Direct)	404	485
Total Employment (FTE)	1,565	1,879
Employee Compensation Effects		
Direct Employee Compensation	\$51,295,000	\$69,429,000
Indirect Employee Compensation (0.4773 of Direct)	\$24,483,000	\$33,138,000
Induced Employee Compensation (0.2772 of Direct)	\$14,218,000	\$19,246,000
Total Employee Compensation Effects	\$89,996,000	\$121,813,000
Local Purchases Effects		
Direct Local Purchases	\$66,132,000	\$83,706,000
Indirect, Local Purchases (0.6815 of Direct)	\$45,066,000	\$57,046,000
Induced, Local Purchases (0.8332 of Direct)	\$55,098,000	\$69,744,000
Total Local Purchases	\$166,296,000	\$210,496,000
Local Sales and Property Taxes Effects		
Direct Local Sales and Property Taxes	\$1,028,000	\$1,271,000
Indirect, Local Sales and Property Taxes (0.3161 of Direct)	\$325,000	\$402,000
Induced, Local Sales and Property Taxes (0.1839 of Direct)	\$189,000	\$234,000
Total Local Sales and Property Taxes	\$1,542,000	\$1,907,000

Source: Computed by Kenneth M. Lemke, Economist using data from KRMC and an IMPLAN Input Model for Buffalo County, Nebraska.

Nursing Shortages

As a national level the U.S. Department of Health & Human Services predicts there will be a need for 3.6 million RN's by the year 2030. This trickles down to impact individuals in every community across the nation. According to the Nebraska Center for Nursing, Nebraska will experience a workforce shortage of 5,435 nurses by 2025. In December of 2022 there were 36 open nursing positions at KRMC. Each of these roles is critical to providing high quality, safe patient care and insuring access to all who seek care. In 73 of Nebraska's 93 counties there is less than the national average ratio of patients to nurses. 66 Nebraska counties are considered medically underserved from a nursing perspective.

The lack of nurses in Buffalo county impacts not only the physical and mental health of the community but also the economic health. This ties in with KRMC's priority for increasing access to care because hospitals are economic drivers in their communities. They allow cities to attract and retain talent and employ their non-healthcare family members.

Nursing shortages impact patient outcomes in a variety of ways. Studies show that nursing shortages lead to lower patient satisfaction, a decrease in the quality of care provided, increase in medical errors in new graduates who may not have senior staff to mentor them, and an increase in patient mortality.

AHA National Nursing Shortage Data

Nurse Shortage

NURSING VACANCY RATE IN HOSPITALS

2021 average: **10%**

Average time for a hospital to hire an experienced RN, regardless of specialty: **89 days**

"2021 NSI National Health Care Retention & RN Staffing Report," NSI Nursing Solutions Inc., March 2021.



NURSING SCHOOLS

Enrollment in baccalaureate and graduate nursing programs increased by **5.6%** in 2020.*

U.S. nursing schools turned away **80,521** qualified applications in 2020 due to an insufficient number of clinical sites and faculty as well as resource constraints.*

National nurse faculty vacancy rate: **7.2%.**†

**Student Enrollment Surged in U.S. Schools of Nursing in 2020 Despite Challenges Presented by the Pandemic," American Association of Colleges of Nursing, April 1, 2021.

†"Fact Sheet: Nursing Faculty Shortage," American Association of Colleges of Nursing, September 2020.



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Overview

The Community of Kearney and Buffalo County, Nebraska has a wide range of personal health care providers, mental health providers, family practice clinics, other health facilities and medical and dental providers that address the needs of the local population, as well as residents in the surrounding Central Nebraska region. Some of the major providers and resources are listed in this section.

Acute Care Services



KEARNEY REGIONAL
Medical Center

Kearney Regional Medical Center
Non-profit, 93 licensed bed, part of Bryan Health, is a Nebraska owned health system with acute inpatient and outpatient services and attached clinic with primary care and specialty providers. Services include cardiology, orthopedics, trauma, obstetrics, NICU, podiatry, gastroenterology, pulmonology, neurology and immunology.
<https://www.bryanhealth.com/locations/hospitals/krmc/>




CHI Health

CHI Health Good Samaritan Hospital
Non-profit, faith-based care provider affiliated with Catholic Health Initiatives. With 245 licensed beds, CHI Health Good Samaritan’s services include: newborn and pediatric care, emergency medicine, orthopedics, neuroscience, oncology, cardiology, and burn and wound care.
<https://www.chihealth.com/good-samaritan.html#>



CHI Health

Richard Young Behavioral Health
Richard Young is a part of the CHI Health Good Samaritan Hospital system with inpatient hospitalization and outpatient clinic services to provide mental health treatment for children, adolescents and adults.
<https://www.chihealth.com/en/services/behavioral-care/levels/inpatient/richard-young.html>



HEARTLAND
SURGERY CENTER
AN AFFILIATE OF CHI HEALTH GOOD SAMARITAN

Heartland Surgery Center
Heartland Surgery Center is an affiliate of CHI Health Good Samaritan. It is a stand-alone outpatient surgery center that provides cardiology, ENT, gastroenterology, urology, podiatry, orthopedic, general surgery, hand surgery, and pain management.
<https://heartlandsurgery.com/About-Us/Our-Services>



New West
sports medicine &
orthopaedic surgery

New West Sports and Medicine & Orthopedics Surgery
Surgical services include all musculoskeletal conditions ranging from sports injuries to total joint replacement.
<https://www.newwestsportsmedicine.com/>



First Care Medical
Medical Care When You Need It

First Care Medical
Locally-owned urgent care is a walk-in clinic available for minor injuries to acute illnesses. <https://firstcarekearney.com/>

Primary Care Services



Platte Valley Medical Clinic

Part of the KRMC Bryan Health system, services include family practice, internal medicine, cardiology, gastroenterology, gynecology allergy/immunology, neurology, orthopedic surgery, general surgery, podiatry, pulmonology, plastic surgery and wound care.

<https://www.bryanhealth.com/locations/profile/platte-valley-medical-clinic/>



CHI Health Clinic Kearney

Part of the CHI Health System offering primary care, specialty care and women's health, walk-in or by appointment. A membership-based model featuring a fixed monthly cost is also available.

<https://www.chihealth.com/clinic/locations/chi-health-clinic-kearney-clinic.html>



Family Practice Associates

A comprehensive medical clinic serving scheduled and walk-in patients. A patient-centered medical home model offering a Patient Care Coordinator team approach to patient health management.

<https://www.kearneyfpa.com/>



Click Family Healthcare

Direct primary care is offered as a walk-in or scheduled appointment. Services are provided with cash payment model, in addition to excluding per-visit fees and co-pays.

<https://www.clickfamilyhealth.com/>



Choice Family Health Care

A non-profit community based health care clinic that specializes in reproductive health care and health education for women, men and adolescents. Many services are provided on a sliding fee scale.. No refusal of services due to inability to pay.

<https://www.choicefamilyhealthcare.org/home.aspx>

CONTEMPORARY OBSTETRICS AND GYNECOLOGY, P.C.

Contemporary OBGYN

A full-service women's health clinic offering services in obstetrics, gynecology and mammography.

<https://www.cobgyn.com/>



Dr. Brad Rodgers Family Practice & Sports Medicine

A privately owned medical clinic specializing in family practice, sports medicine and hormone therapy.

<https://www.bradrogersmd.com/>



UNK Student Health

Student Health is a campus health clinic that offers medical care to UNK students.

https://www.unk.edu/offices/counseling_healthcare/health-care/index.php



Forward Family Healthcare

An independent family practice clinic offering unlimited medical care, with a monthly fee care model.

<https://forwardfamilyhealthcare.com/>

Resources, Support and Advocacy



Help Care Clinic

A non-profit medical clinic receive income based primary health care, who are residents of Buffalo, Kearney and Phelps counties, provided by paid and volunteer staff, by appointment only.
<https://helpcareclinic.org/>



Kearney Jubilee Center

A non-profit organization offering a thrift store, food pantry, community dinners, rescue food and utilities assistance to the local community.
<https://kearneyjubilee.org/>



Salvation Army of Kearney

A non-profit organization offering services including, but not limited to disaster relief, holiday giving, LGBTQ support, human trafficking support, veteran's assistance, after-school programs, job training, life skills, utility assistance



Mid-NE Community Action Partnership

A non-profit organization serving 27 counties offering services such as early Head Start, immunizations, affordable housing, weatherization, supplemental food program and food pantry, WIC, RYDE Transit, and senior programs.
<https://communityactionmidne.com/>



Buffalo County Community Partners

A non-profit organization providing advocacy services including Youth Advisory Board, Be Well healthy lifestyle, early childhood collaboration, behavioral health, community unity among other local non-profit organizations.
<https://bcchp.org/>



Region III Behavioral Health Services

A non-profit organization assisting individuals during a mental health crisis, substance abuse and prevention, peer support services, homeless and housing assistance, substance and suicide prevention.
<https://region3.net/>



United Way Kearney Area

United Way of the Kearney Area

A non-profit organization offering fundraising and financial assistance to 21 programs, through 13 partner agencies in the Kearney Area.
<https://www.uwka.org/>



Collage Center

A non-profit organization offering services that include STD testing and treatment, pregnancy testing, OB ultrasounds, abortion information and confidential support.
<https://www.collagecenter.com/>



SAFE Center

A non-profit organization offering free and confidential services for those affected by dating violence, domestic violence, human trafficking, sexual assault, and stalking while bringing awareness and prevention efforts to all individuals, in Buffalo, Franklin, Harlan, Kearney and Phelps counties.
<https://safecenter.org/>

Cancer Care Services



CHI Health Regional Cancer Center at Good Samaritan

A comprehensive cancer center, belonging to the CHI Health System.



Nebraska Medicine Heartland Hematology and Oncology

A new clinical partner to the UNMC system provides hematology and oncology services.

<https://www.nebraskamed.com/kearney-heartland>

Behavioral Care Services



Richard Young Behavioral Health

Richard Young is a part of the CHI Health Good Samaritan Hospital system with inpatient hospitalization and outpatient clinic services to provide mental health treatment for children, adolescents and adults.

<https://www.chihealth.com/en/services/behavioral-care/levels/inpatient/richard-young.html>

Population Health Organizations & Tools



Two Rivers Public Health Department

A locally-governed public health department serving a seven-county area including Dawson, Buffalo, Gosper, Kearney, Phelps, Harlan and Franklin.

<https://trphd.ne.gov/>



Economic Development Council of Buffalo County

A compilation of business and economic development resources for the Kearney area.

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

NE Department of Health & Human Services

Provides a range of services throughout the state, including the cleanliness and safety of drinking water, licensing and certifying health care professionals, assisting the elderly and low-income individuals, providing safety to abused and/or neglected individuals, and more.

<https://dhhs.ne.gov/Pages/default.aspx>



Summary, Next Steps and Adoption/Approval

Summary, Next Steps and Adoption/Approval

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Summary, Next Steps and Adoption

Summary: Assessment and Priorities

A description of the health assessment and its corresponding evaluations are addressed in chapter 2. Chapter 3 lists the identification of prioritized significant health needs for the coming three years. As a result of the assessment and identification of significant health needs, Kearney Regional Medical Center is committing to focus implementation strategies on the following needs: Cardiovascular Disease, Access to Specialty Care, and Nursing Shortages.

Next Steps

The significant health needs put forth in this assessment, along with their evaluated and adjusted objectives and goals, will be the basis of Kearney Regional Medical Center's Community Health Improvement Plan. Furthermore, these needs, objectives, and goals will be assessed and reflected in Kearney Regional Medical Center's implementation strategy reports, which will identify resources currently committed to the priority community health needs, as well as additional resources needed to secure improved outcomes at the hospital and in the community.

Adoption/Approval

This community health needs assessment will be approved by the Kearney Regional Medical Center Board of Trustees for approval and adoption on December 30, 2022.



Appendix

Sources

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Sources

Chapter 1: Community Served by Hospital

Population & Population Growth

Source 1: *QuickFacts*. (selected geographies – Kearney city, NE; Buffalo County, NE; Nebraska; U.S.). U.S. Census Bureau. Accessed 12/19/22. <https://www.census.gov/quickfacts/fact/table/kearneycitynebraska,buffalocountynebraska,NE,US/PS/T045221>

Source 2: *Decennial Censuses, compiled by UNO Center for Public Affairs Research on August 12, 2021*. U.S. Census Bureau. Located in Demographic Trends, County Populations: 1960-2020 at <https://opportunity.nebraska.gov/programs/research/>

Age

Source 1: *Buffalo County report*. Two Rivers Public Health Department. Accessed at <https://trphd.ne.gov/> in Public Health Data, County Health Data. https://trphd.ne.gov/file_download/inline/4414b387-5aff-4a9f-96d0-468a87525d5e

Source 2: *2017-2021 ACS 5-Year Narrative Profile for Buffalo County, Nebraska*. Topic “Population.” U.S. Census Bureau. Accessed 12/22/22. <https://www.census.gov/acs/www/data/data-tables-and-tools/narrative-profiles/2021/report.php?geotype=county&state=31&county=019>

Population Changes by Age Group

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Race/Ethnicity

Source 1: *2017-2021 ACS 5-Year Narrative Profile for Buffalo County, Nebraska*. Topic “Population.” U.S. Census Bureau. Accessed 12/22/22. <https://www.census.gov/acs/www/data/data-tables-and-tools/narrative-profiles/2021/report.php?geotype=county&state=31&county=019>

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Labor & Unemployment Figures, Buffalo County Economic Development

https://www.edcbc.com/eco_ind_stats-dec_2022/edcbc-labor_and_unemployment_figures.pdf

Central Nebraska Labor Availability Survey

<https://networks.nebraska.gov/admin/gsipub/htmlarea/uploads/KearneyLaborAvail2016.pdf>

Top Employers Buffalo County

Community Profile, Buffalo County Economic Development,

https://www.edcbc.com/eco_ind_stats-nov_2022/edcbc-community_profile-nov_2022.pdf

Income

2017-2021 ACS 5-Year Narrative Profile for the State of Nebraska, U.S. Census Bureau.

<https://www.census.gov/quickfacts/fact/table/NE/AGE295221>

Community Profile, Buffalo County Economic Development,

https://www.edcbc.com/eco_ind_stats-nov_2022/edcbc-community_profile-nov_2022.pdf

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August 2020, (pp. 34-35). Two Rivers Public Health Department. Accessed at <https://trphd.ne.gov/> in Public Health Data, Community Health Assessment.

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Causes of Death

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https://trphd.ne.gov/file_download/inline/4414b387-5aff-4a9f-96d0-468a87525d5e

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Two Rivers One-Page Table for 2020. Accessed at <https://dhhs.ne.gov/Pages/BRFSS.aspx> in Data and Reports, section “Tables: 2011-2020 NE BRFSS Local and District Health Department Data”, category: One-Page Tables.”
[https://dhhs.ne.gov/BRFSS%20One%20Page%20Re
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Page%20Table%20for%202020.pdf](https://dhhs.ne.gov/BRFSS%20One%20Page%20Reports/Two%20Rivers%20%20One-Page%20Table%20for%202020.pdf)

Chapter 2: Gathering Input from the Community

Overview

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<file:///C:/Users/ber006/Downloads/Community%20Health%20Improvement%20Plan%202020.pdf>

Strengths, Weaknesses, Opportunities, Threats (SWOT)

2020 Community Health Improvement Plan. 2020 (p. 9). Two Rivers Public Health Department. Accessed at <https://trphd.ne.gov/> in Public Health Data, Community Health Improvement Plans.
<file:///C:/Users/ber006/Downloads/Community%20Health%20Improvement%20Plan%202020.pdf>

Goals & Objectives

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<file:///C:/Users/ber006/Downloads/Community%20Health%20Improvement%20Plan%202020.pdf>

Chapter 3: Prioritized Health Needs

Prioritized Significant Health Needs

Source: Bryan Health Subject Matter Experts.

Health Need: Cardiovascular Disease

Source: Bryan Health Subject Matter Experts

TWPHD - County Dashboard, Buffalo County
<https://trphd.ne.gov/public-health-data/county-dashboards/buffalo-county.html>

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Source: Bryan Health Subject Matter Experts.

AHA Environmental Impact Scan, 2022
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Looming Crisis In Rural Health Care, Nebraska Rural Health Association
<https://nebraskaruralhealth.org/looming-crisis-in-rural-health-care/>

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Source: Bryan Health Subject Matter Experts.

Nebraska Center for Nursing, NHA Nursing Shortage Work Group Report

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How Does the Nursing Shortage Impact Patient Care?

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Chapter 4: Community Health Resources

Acute Care Services

Source: Bryan Health Subject Matter Experts.

Primary Care Services

Source: Bryan Health Subject Matter Experts.

Resources, Support and Advocacy

Source: Bryan Health Subject Matter Experts.

Cancer Care Services

Source: Bryan Health Subject Matter Experts.

Behavioral Care Services

Source: Bryan Health Subject Matter Experts.

Population Health Organizations & Tools

Source: Bryan Health Subject Matter Experts.

Chapter 5: Summary, next Steps and Adoption/Approval

Summary: Assessment and Priorities

Source: Bryan Health Subject Matter Experts.

Next Steps

Source: Bryan Health Subject Matter Experts.

Adoption/Approval

Source: Bryan Health Subject Matter Experts.